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GENERAL PRACTITIONER

Laser Hair Removal Pre Treatment Instructions

Before your laser hair treatment, avoid electrolysis, hair waxing or hair plucking for at least 4-6 weeks. Avoid the sun for 4-6 weeks before and after all treatments. Any surface hair should be removed by shaving (not waxing and plucking) and afterwards your skin should be thoroughly cleansed. Remove any makeup products, skin creams or oils on the surface before your laser treatment. Also, it is important to inform the doctor if you are taking any medications, which have been prescribed or purchased without a prescription. Important examples of such medications are Acutane, Minocin or any Tetracycline-type medications.

Other Pre-Treatment suggestions:

1. Avoid tanning for 2-3 months.
2. Darker skin types apply sunscreen for 4-6 weeks.
3. Avoid waxing, tweezing or depilatory use for 6 weeks.
4. Avoid irritants such as products containing glycolic acid or Retin-A in the area for 5-7 days.
5. Shave the desired treatment area the night before laser treatment.