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GENERAL PRACTITIONER

Laser Hair Removal Aftercare Instructions

After any laser treatment, avoid all sun exposure for 4-6 weeks. For the first few days after treatment, do not scrub the treated areas with abrasive skin cleansers. Additional aftercare suggestions:

1. The areas treated with the laser may be red following treatment. This will generally fade within 2-3 days.
2. The treated area can be washed normally with mild soap and water. Wash the area gently with your fingertips. Use of a washcloth or other abrasive instrument is not recommended.
3. Cover the treated area with a sunscreen of SPF30 or higher and avoid sun exposure to the treated area for 4 to 6 weeks.
4. Avoid irritants such as products containing glycolic acid or Retin-A in the area for 5-7 days.
5. Minor crusting or scabbing of the treated area might in some cases occur following treatment. Do not rub or pick the scab. Wash gently with fingertips and mild soap. Apply an antibacterial ointment to the treated area.
6. Hair remaining in the follicle will extrude typically within 1-2 weeks after treatment. This will look like growth, but is simply the body's way of eliminating the hair from the treated follicle.